

# ADULTERY

**If you are having an affair or contemplating having an affair, we want you to know that God loves you and has a better plan for you. Adultery can be physical and/or emotional in nature. At its very core, adultery begins with the desire to escape from your current circumstances.**

Adultery is not what God wants for you. Some people believe that they have “been led by God” to have a relationship with someone other than their spouse. We need to understand that God would never lead someone to do something He is against (Hebrews 13:4).

We don't believe that it is possible to pursue Jesus and an adulterous relationship at the same time. We must do what we can to avoid temptation. This could include avoiding contact with former boyfriends or girlfriends or spending time alone with someone of the opposite sex who is not your spouse.

If you are currently involved in an affair it is important to confess this sin to God (1 John 1:9), as well as to others, including those you have hurt in the process. If you find this confession hard to do, seek help! We are here to help you, not judge you, through this difficult and critical spiritual issue.

If your spouse has been involved in an adulterous relationship, this is probably a very difficult time for you. It does not mean, however, that you should file for divorce. Affairs do not end marriages—the inability to forgive does. Hopefully, your spouse has confessed their sin and asked for your forgiveness. Granting forgiveness can be difficult; yet, with God's help, you can make that choice.



If you would like to speak with someone about your situation, we would love to help you and pray with you. Please contact the Urban Life Church office or you can email us at [info@urbanlife.org.za](mailto:info@urbanlife.org.za).

[www.urbanlife.org.za](http://www.urbanlife.org.za) | 0861 CHURCH